



your world

STRESS BUSTERS, MOOD LIFTERS AND NEW WAYS TO GET MORE OUT OF LIFE

DRESS UP YOUR BREAKABLES

You have to pack your clothes anyway, so why not wrap them around your plates, platters, bowls and glassware? That cuts down on the number of boxes you'll need, plus you won't have to fork over \$20 or so for an extra roll of bubble wrap. You can even slip some glassware into socks.

KNOW WHAT YOU HAVE

A precise packing list helps movers give you a more accurate quote, reducing the chances that you'll go over the estimated cost. Certain types of contracts allow the mover to charge 10 percent more than the estimated price for extras such as excess weight.

CHARLES GULLUNG/GETTY IMAGES (MOVING), KALMAYTSYSHUTTERSTOCK (RIBBON), JESS LEVINSON (WEATHER ICONS)



Smooth Your Move—and Save!

Moving can be a pain, but it's a lot easier if you know you're doing it for less. One tip: Move in the winter, when there's not much demand. For more ideas, read on

YOU SAID IT...

"I save bubble wrap and other packaging fillers that come inside the boxes of things I've bought online for a move."



Lisa Wyatt, 32, SAN FRANCISCO

RENT PLASTIC BOXES

It can be less expensive and more eco-friendly to rent reusable plastic boxes than to buy cardboard ones. Bronko Box, Ezbins, Jugglebox and other companies can deliver the containers right to your door, then pick them up when you're done with the move. Sample cost for one week: \$44 for 24 large and two extra-large bins (enough for a one-bedroom apartment).



\$1,171

Average cost of moving from one two-bedroom apartment to another in the summer



\$979

Average cost of moving from one two-bedroom apartment to another in the winter

Source: Unpakt